

HERITAGE CHRISTIAN SCHOOL

2018-19 NEW FAMILY GUIDE TO ATHLETICS



***"THOSE WHO HOPE IN THE LORD WILL RENEW THEIR STRENGTH;
THEY WILL SOAR ON WINGS LIKE EAGLES"***

ISAIAH 40:31

Heritage Christian School, 6401 East 75th Street, Indianapolis, Indiana 46250

www.hcsathletics.net

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Welcome to Heritage Christian School and to our Athletic Department!

We are grateful that God has led your family to our school community, and hope that your lives will be enriched by your experience here!

We are excited to introduce you to our department, and to the array of sports that Heritage has to offer. As a new family, we know that you have questions about HCS Athletics, and we hope that this handbook will be a helpful guide for you and your student as you make decisions about athletic participation.

As a department, we strive to provide excellent service and support to the families and students involved in athletics. Our mission is to glorify God through the discipleship of student athletes and the pursuit of excellence in athletics, with the Bible as our foundation and Jesus Christ as our focus.

Thank you for choosing Heritage Christian School Athletics, home of the Eagles!

HERITAGE CHRISTIAN FIGHT SONG

Oh, when those Heritage teams fall into line,
We're gonna win that game another time.
It's for the dear old school we love so well.
It's for the blue and white we'll yell and yell and yell,
And when we fly up on our Eagles' wings,
That's when you'll hear our cheering voices ring,
And we will fight with all our might and fight, might and fight
For Heritage High!

"E - E - E - A - G"

"L - L - L - E - S"

"E - A - G"

"L - E - S"

Eagles, Eagles

"H - C - S!"

For the online version of this book go to:

www.hcsathletics.net

Click on "About" tab at top left of the page and then "New Family Guide" from the list on the right side.



Athletic Department Staff

Please contact our staff with any questions or concerns. We will be happy to assist you as you become more familiar with our sports programs.

Athletic Director: MICHELLE YORK

Office: 317-813-3850

Email: michelle.york@heritagechristian.net

Associate Athletic Director: MICHAEL HORSTMAN

Office: 317-813-3913

Email: Michael.horstman@heritagechristian.net

Assistant Athletic Director: ERIC RAUSCH

Office: 317-813-3825

Email: eric.rausch@heritagechristian.net

Administrative Coordinator: HILLARY REEVES

Office: 317-813-3889

Email: hillary.reeves@heritagechristian.net

Facilities Manager: SHERMAN WILLIAMS

Office: 317-813-3914

Email: sherman.williams@heritagechristian.net

Athletic Trainer: LEE LYSIUK

Contact #: 317-417-8689

Email: lee.lysiuk@stvincent.org

Athletic Trainer: GARRETT HUEBER

Contact #: 317-750-9584

Email: garrett.hueber@stvincent.org

Strength & Conditioning: JORDAN MASSEY

Email: jordan.massey@heritagechristian.net

Mission Statement

The mission of the Heritage Christian School Athletic Department is to glorify God through the discipleship of student athletes and the pursuit of excellence in athletics with the Bible as the foundation and Jesus Christ as our focus.



What it means to be a Heritage Christian Eagle:

As an athlete I understand that I am representing my school and my community and I accept the responsibilities that come with being a role model. I understand that my abilities are God given and I will do everything I can to bring Him honor through my actions on and off the court. I vow to treat my opponents with respect; to refrain from taunting, trash talking, or making inappropriate comments of any kind. I will respect the integrity and calls made by officials. I will give my coaches and my teammates my best effort and attitude at all times. I realize that I am an athlete 365 days a year not just during my season of play. I will represent my team and Heritage Christian School well at all times. I will seek to do my best academically and be the best student I can be. I will embody what it means to be a Heritage Eagle: **Play hard, have fun and glorify God!**



GLORIFY GOD, PLAY HARD, HAVE FUN

ATHLETIC TRAINING & SPORTS PERFORMANCE SERVICES

Athletic Trainers

Heritage Christian School, through partnership with St. Vincent Sports Performance, provides two on-site certified athletic trainers. The trainers are available to all athletes year round and usually arrive by 2:00 pm

Monday – Friday. Saturday hours for injury checks will be set at the beginning of each season. They are on site for all high school home events. If your student athlete becomes injured or sick, please make sure that the athletic trainers are aware within 24 hours.



Our athletic trainers are:

Lee Lysiuk: 317-417-8689, lee.lysiuk@ascension.org

Garrett Huber: 317-750-9584, garrett.hueber@ascension.org

Strength & Conditioning

The partnership with St. Vincent Sports Performance also includes an on-site strength and conditioning coach. The strength & conditioning coach will be on campus from 8:00 am to 5:30 pm and works with our student athletes during physical education classes, as well as providing team training after school from 3:30-5:30 pm.

Our strength & conditioning coach is: Jordan Massey – jordan.massey@heritagechristian.net.

Impact Testing

Due to the number of head injuries and concussions that occur throughout schools each year, Heritage Christian School Impact tests all current student athletes entering 7th, 9th and 11th grade. Any new student athlete enrolling at HCS will be Impact tested no matter the grade level. The initial Impact test is administered by our certified athletic trainer. All athletes and their parents must read and sign concussion acknowledgement forms according to the Department of Education, IHSAA, and Indiana law. **If a concussion occurs, the student athlete must be evaluated by an Impact certified physician for further evaluation before being allowed to return to practice or competition.** Once the athlete is released for play by the same Impact certified physician, a “return to play” protocol will be administered by our athletic trainers. The “return to play” protocol is a 5-day progression to safely return athletes to practice or competition. **An athlete may not be cleared to return to play by a physician who is a family member.**

ATTENDANCE AT PRACTICES AND GAMES

Each member of a Heritage Christian School athletic team must assume the responsibilities associated with such a position. The athlete has an ethical obligation to the team and the

school. This obligation includes regular attendance at practices and athletic contests. All regular season practices and games are considered mandatory.

All sports teams practice or have contests five to six days out of the week. It is important students attend all practices and events and use good time-management skills to finish work and assignments and excel in the classroom. It is possible, of course, that emergency situations may arise (e.g., illness, death in a family) that render it impossible for an athlete to attend a practice session or an athletic contest. Absences should be kept to a minimum and arranged with the coach as early as possible. If an athlete is ill, it is that athlete's responsibility to contact their coach so the coach is aware that the athlete will be absent from a practice/game.

When athletic team practices occur on school vacation days all high school athletes are expected to be in attendance. If a conflict arises and the athlete must miss a practice, it is of utmost importance that the athlete communicates to the coach immediately with the understanding that consequences may follow. Summer and off-season activities are strongly encouraged but cannot be required by coaches. HS athletes are expected to attend practices/games scheduled during the Jr/Sr internship week and should strive to avoid conflicts. Each team member must practice a minimum of ten (10) times (only one/day) prior to the first contest. If they are moving from one season to the next within the same school year, a team member must practice a minimum of five (5) times. (IHSAA Rule 50/101) Girls' golf team members are only required to have two (2) practices prior to competition.

If a student athlete misses five (5) to ten (10) consecutive days of practice/contests, for any reason, he/she is required to participate in four (4) practices before returning to contest play. If a student athlete misses more than ten (10) consecutive days of practices/contests, he/she is required to participate in six (6) practices before returning to contest play. (IHSAA rule 9-14.c) Absences from practice sessions or athletic contests will be handled in the following manner:

ABSENCE FROM PRACTICE	
Excused absence	No action
Unexcused absence – 1 st Offense	Conference with coach and discipline of athlete
Unexcused absence – 2 nd Offense	Suspension from the next interscholastic contest
Unexcused absence – 3 rd Offense	Dismissal from team (athlete forfeits all awards)

ABSENCE FROM ATHLETIC CONTEST	
Excused absence	No action
Unexcused absence – 1 st Offense	Suspension from next two interscholastic contests
Unexcused absence – 2 nd Offense	Dismissal from team (athlete forfeits all awards)

ATTENDANCE AT SCHOOL

A student athlete must attend school on the days of an athletic practice/contest in order to participate in that practice or contest. Some specific circumstances are as follows:

1. Student athletes must be at school for at least five periods of the day unless it is due to an excused absence. A student athlete may not participate in practices or games if they do not attend the five periods. **(the 9th period resource time and lunch does NOT count as a class period)**
2. Students who are absent from part of the school day and are granted a non-illness related excused absence (e.g., a dental appointment, college visits, etc.) will be allowed to participate in the practice or contest that day.
3. Any unexcused absence from school, regardless if it is only for a partial day, will render an athlete unable to participate in the day's events. This would include in-school suspension or skipping class.



BOOSTER CLUB

The Athletic Booster Club partners with the Athletic Department in recognizing, valuing, and supporting our student athletes. The Booster Club is an invaluable resource to both the department and our teams. Committees associated with the Booster Club include: Concessions, Spirit Wear, Membership, Corporate Fundraising and Hospitality. Your involvement in this group is greatly encouraged and appreciated. Our student athletes and the athletic community greatly benefit from the commitment and participation of enthusiastic parents. Please contact the athletic department if you are interested in serving.

CONCESSIONS AT HOME EVENTS

Concessions are offered at all HCS home events. Concessions present an opportunity to serve and minister to both our own school community (student body, families and friends) as well as to visiting school communities. It is required that parents of student athletes commit to serve in concessions during their student athlete's sport season. The number of times served depends

on the team size and number of home events. The Athletic Department values and appreciates the participation of supportive parents and your service in the concession stand.

The Concessions Director is Linda Eckel and she can be reached at

linda.eckel@heritagechristian.net. Each team coordinates volunteers to serve in the concessions stand. Head coaches and/or team moms will provide information on signing up to serve.

BOXED MEALS

For many of the teams at Heritage Christian, parents volunteer to provide food for athletes prior to a game. Some teams choose to participate in the box meal program offered by the Athletic Department; meals can be purchased for game days so that athletes have a meal after school prior to their athletic contest. Our current meal vendor is Beach Bound Express. These meals usually include a drink, sandwich, and snack (fruit, cookie, chips, etc). These meals are optional and do not have to be purchased for every game if not desired, but are offered as a convenience to parents to acquire pre-game meals for athletes. A meal menu will be available through your coach should you want to participate.

ELIGIBILITY

Any failing grade ("F") at quarter or semester, a quarterly composite grade point average of less than 2.0, or an incomplete (INC) will render a student athlete ineligible. **(Per IHSA rules, an incomplete in a class will render the student athlete ineligible until the incomplete grades are made up, a grade is posted and the student athlete is cleared by the High School office. Incomplete grades must be made up before report cards are issued for an athlete to be eligible).**

Once a student athlete is declared ineligible due to academic shortcomings, the period of ineligibility will last until the next formal, written student academic evaluation (i.e., mid-term) occurs. At that time, the entire academic record of the ineligible athlete will be re-evaluated. The academic criteria applicable for the quarterly grading periods (no "F's" and a minimum grade point average of 2.0) will also be the standard of re-evaluation at the time of the mid-term report update. After the grades have been re-computed for the mid-term report update, any ineligible student regaining eligibility status (no "F's", a minimum grade point average of 2.0 and no incompletes) will be immediately allowed to compete as a team member. If, however, an ineligible student athlete does not re-establish eligibility at the time of the mid-term report update, that student athlete will be dropped from the team. Furthermore, if a student athlete is declared ineligible at a quarterly grading period, regains eligibility at the time of the mid-term report update, and subsequently is declared ineligible at the next quarterly grading period, that student athlete will be dropped from the team. In other words, any time a student athlete is ineligible twice during the same athletic season (defined as the time tryouts are held until the last interscholastic contest is completed), that student athlete will be dropped from the team.

If a student athlete receives a failing grade ("F") in any subject for the fourth quarter or the semester, that student will be placed on the ineligibility list. In this grading period, unlike the previous three quarters, the student has the option of enrolling in and passing the recently failed class in a summer school program approved by the guidance office to regain eligibility. The course must be completed before the IHSAA official practice start date.

RANDOM DRUG & ALCOHOL TESTING

All Heritage Christian School students are required to comply fully with federal, state, and local laws regarding the use of prescription drugs, illegal drugs, tobacco, alcoholic beverages, and other dangerous substances.

No student may use, be under the influence of, or possess alcoholic beverages or drugs/paraphernalia on school grounds or before, during, and after a school-sponsored or sanctioned activity. Heritage Christian High School students shall be subject to randomized drug testing procedures outlined in this policy.

It should be understood that *drugs* in this policy also refers to the abuse or misuse of prescription medication.

Any student found using, possessing, or aiding in the distribution of drugs, tobacco, alcoholic beverages and/or related items on campus or at school-sponsored activities is subject to disciplinary action up to and including dismissal.

The Heritage Christian School board approved random drug testing to create both a deterrent and an avenue to intervene in the lives of students at risk.

Heritage Christian School must be a safe zone where every student feels valued as the person God created him or her to be. The primary function of this policy is to promote health and safety and to assist our students in making good choices. With this in mind, there are five goals for this policy:

1. A deterrent to keep students safe and free from using drugs and alcohol.
2. To arm our students with a reason to say "no" when they are faced with a situation where they are pressured to use drugs and/or alcohol.
3. To affirm our students who are choosing to be drug and alcohol free and provide them with a reason to continue to do so.
4. To educate our students who are choosing to experiment with drugs and alcohol that there are consequences for their choices, and their choices are unacceptable.
5. To provide our students who may have a drug and/or alcohol problem with an avenue to get needed help and support.

Attendance at Heritage Christian School comes with certain responsibilities. We hold students, parents/guardians, faculty, staff, and administration to a high standard of behavior in areas that affect the health and safety of all students.

LOCKER ROOM

High school student athletes will be assigned a locker and lock for their personal use during their sport season if available. The use of the locker room is a privilege, not a right. Any misuse, vandalism, or mistreatment of the locker room or lockers will result in disciplinary action, and the athlete may be responsible for costs of repairs. Locker rooms for middle school teams are provided upon availability.

NO QUIT POLICY

If a high school or middle school student is selected for a position on one of the Heritage athletic teams, it is important that he/she makes a firm commitment to that team. Therefore, quitting a team after being selected is strongly discouraged. If any student athlete quits a team after the first contest, that student athlete is prohibited from trying out for another Heritage Christian School team or extracurricular activity during the same season. *The student will be obligated to pay for any player pack items that were ordered, and at least 50% of the participation fee.* Furthermore, quitting a team in one season will impact a student's ability to participate in a sport the following season. A student athlete also will not be allowed to work out or practice with the next season's sport, until the team that they quit has finished their season. This includes post season playoffs.



PARENT PORTAL

The Parent Portal is where parents of student athletes will be able to find all the basic information you may need regarding participating in athletics while at Heritage Christian. The portal is accessed through **HCS Connect** (www.hcsconnect.net) using your parent login credentials. To access the Athletics Parent Portal, click on the "Athletics Portal" tab on the

main page after logging in to HCS Connect. The information contained in the Athletic Portal for parents includes:

- Athletic Policies
 - [Athlete Code of Conduct](#)
 - [Parent Code of Conduct](#)
 - [Anti-Hazing, Anti-Bullying Policy](#)
 - [Concussion and Sudden Cardiac Arrest Acknowledgement Form](#)
 - [Concussion Fact Sheet for Athletes](#)
 - [Concussion Fact Sheet for Parents](#)
 - [Sudden Cardiac Arrest Fact Sheet for Athletes](#)
 - [Sudden Cardiac Arrest Fact Sheet for Parents](#)

***In order to participate at the official start of practice, parents' must digitally sign these documents at the bottom of this tab in the Parent Portal. To sign, select your child's name from the "Select Student" drop down box. Type in your name in the "Parent Signature" box, and type in your child's name in the "Student Signature" box and click on the "Digital Signature" box. If you have multiple children participating, you will have to submit a signature for each child.*
- Physicals
 - Information on requirements for sports physicals.
 - [A current printable IHSA physical form.](#)
 - Link to upload completed physical.

***Each student-athlete must have a current pre-participation physical on file in the athletic office before the start of official practices.*
- Athletics Information
 - [Indianapolis Star Sports page.](#)
 - [Link to Max Preps](#)
 - [Link to Circle City Conference website.](#)
- Parent Resources
 - [IHSA Face of Sportsmanship](#)
 - [5 Ways for Parents to Model Good Sportsmanship](#)
 - [Parents' Roles in Sports](#)
 - [10 Ways to Show Sportsmanship](#)
 - [Champions of Character Videos](#)
 - [Fellowship of Christian Athletes \(FCA\) Resources](#)
- IHSA Resources
 - [IHSA Transfer Eligibility Brochure](#)
 - [IHSA Summer/Moratorium Rules](#)
- St. Vincent Sports Performance (SVSP) resource Information
 - [Sports Nutrition Information](#)
 - [Sports Performance/Medicine Information](#)

PARTICIPATION FEES

Participation fees are assessed to all High School and Middle School athletes and help defray the cost of transportation, game officials, tournament entry fees, facility and equipment maintenance, etc. Fees will be collected on a three-tiered structure with the fee structure listed below. The tiered fees take into consideration many factors including but not limited to: reconditioning costs, rental fees, greens fees, etc... They are subject to change at the beginning of each school year. Fees will be tuition billed at the beginning of each sport season.

HIGH SCHOOL

Tier 1: \$275	Tier 2: \$200	Tier 3: \$150	
Golf (Boys and Girls) Swim/Dive (Coed)	Football Lacrosse (Boys and Girls)	Baseball Basketball (Boys and Girls) Cheerleading Cross Country (Coed) Soccer (Boys and Girls)	Softball Tennis (Boys and Girls) Track & Field (Coed) Volleyball (Girls)

MIDDLE SCHOOL

Tier 1: \$175	Tier 2: \$125	
Football Lacrosse (Boys and Girls) Swim/Dive (Coed)	Baseball Basketball (Boys and Girls) Cheerleading Cross Country (Coed)	Soccer (Boys and Girls) Softball Track & Field (Coed) Volleyball (Girls)

Participation fees are not a guarantee of playing time on a team. This fee is not assessed if an athlete **does not make the team. **Fees will be assessed if a player quits a team.***

PLAYER PACKS

The "Player Pack" is a list of items/equipment/gear that each coach has deemed necessary for participating athletes to purchase for the upcoming season. The athletic department has partnered with **Adidas** to provide our athletic apparel. Coaches will send a link to their families with a link to an online store where they will be able to order the player pack, as well as additional optional items for high school sports. For both high school and middle school teams, we will place one bulk order for the whole team to aide in getting the items back sooner. For student athletes that join the team after the initial order has been placed, a second order will be placed so they are also able to get the team apparel.

TEAM SPIRIT WEAR WEB STORES

For parents wishing to order extra player pack items, or additional team branded spirit wear, a team web store will be created. Each high school head coach takes the lead in selecting items for both the player pack and team web store, and they will be the ones to forward on web store ordering information and links.

ALL SCHOOL SPIRIT WEAR

The HCS Athletic department partners with **Adidas** to provide high-quality, affordable merchandise that is available for purchase online. The online store can be found by going to the “Athletics” homepage at www.hcsathletics.net and clicking on “Fanzone”. You can click on the “Spirit Wear Store” link that will take you to the all school spirit wear store.

SPORTS OFFERED IN HIGH SCHOOL AND MIDDLE SCHOOL

High School Sports

FALL

BOYS

Cross Country (V/JV)
Football (V/ JV)
Soccer (V/ JV)
Tennis (V/ JV)

GIRLS

Cheerleading (V/ JV)
Cross Country (V/JV)
Golf
Soccer (V/ JV)
Volleyball (V/ JV/ F)

WINTER

Basketball (V/JV/ F)
Swim/Dive (V/ JV)

Basketball (V/ JV/ F)
Cheerleading (V/ JV)
Swim/Dive (V/ JV)

SPRING

Baseball (V/ JV)
Lacrosse (V/ JV)
Golf (V/ JV)
Track & Field (V/JV)

Softball (V/ JV)
Lacrosse (V/ JV)
Tennis (V/ JV)
Track & Field (V/JV)

*Note: If no freshman team is offered, freshmen are encouraged to try out for a Junior Varsity (JV) or a Varsity (V) team.

Middle School Sports

FALL

BOYS

Cross Country (6/7/8)
Football (7/8)
Soccer (6/7/8)
Tennis (6/7/8)

GIRLS

Cross Country (6/7/8)
Cheerleading (7/8)
Soccer (6/7/8)
Tennis (6/7/8)
Volleyball (6/7/8)

WINTER

Basketball (7/8)
Swim/Dive (6/7/8)

Basketball (7/8)
Cheerleading (7/8)
Swim/Dive (6/7/8)

SPRING

Baseball (7/8)
Lacrosse (7/8)
Track &Field (6/7/8)

Softball (6/7/8)
Lacrosse (6/7/8)
Tennis (6/7/8)
Track & Field (6/7/8)

START DATES AND DURATION FOR HIGH SCHOOL SPORTS***

Fall Sports

Cross Country: end of July through mid-October
Cheerleading: end of July through mid-October
Football: end of July through November
Golf (Girls): mid-July through mid-September
Soccer: end of July through mid-October
Tennis (Boys): end of July through end of September
Volleyball: end of July through early November

Winter Sports:

Cheerleading: mid-October through March
Basketball (Boys): early November through March
Basketball (Girls): mid-October through March
Swim/Dive: mid-November through mid-February

Spring Sports:

Baseball: early March through June
Golf (Boys): early March through June
Lacrosse: January through May
Softball: end of February through mid-May
Tennis (Girls): mid-March through mid-May
Track and Field: early March through mid-May

*****NOTE:** All dates are approximate and are contingent upon the exact date a team is allowed to start practices per IHSAA rules and how far a team advances in post-season.

HIGH SCHOOL HEAD COACHES CONTACT INFORMATION

(Updated 8/10/2018)

FALL

(Boys) Cross Country	Scott Freeman	coachfreeman.hcxc@gmail.com
(Girls) Cross Country	Scott Freeman	coachfreeman.hcxc@gmail.com
Cheerleading	Jenny Johnson	jenny3rosebuds@yahoo.com
Football	Kyle Ray	kyle.ray@heritagechristian.net
(Girls) Golf	Brian Hicks	br.hicks@sbcglobal.net
(Boys) Soccer	Caleb Schnake	caleb.schnake@heritagechristian.net
(Girls) Soccer	Jimmy Wiltsee	jimmywiltsee777@gmail.com
(Boys) Tennis	Suzie Booker	szbooker15@gmail.com
Volleyball	Michelle York	michelle.york@heritagechristian.net

WINTER

(Boys) Basketball	Corey Jackson	cjackson@hse.k12.in.us
(Girls) Basketball	Rick Risinger	rmrisinger@gotown.net
Cheerleading	Jenny Johnson	jenny3rosebuds@yahoo.com
(Boys) Swim/Dive	Meg Osborne	meg@megpromo.com
(Girls) Swim/Dive	Meg Osborne	meg@megpromo.com

SPRING

Baseball	Dan Ambrose	dan.ambrose@heritagechristian.net
(Boys) Golf	TBA	
(Boys) Lacrosse	Steve Kinney	publsize@yahoo.com
(Girls) Lacrosse	TBA	
Softball	TBA	
(Girls) Tennis	Jaclyn Baldwin	jaclyn.baldwin@heritagechristian.net
(Boys) Track & Field	TBA	
(Girls) Track & Field	TBA	

TICKETS/ATHLETIC SPORTS PASSES

All Heritage Christian students may attend *regular season home sporting events* free of charge. Athletic Booster Club passes are available for purchase for family members and friends, which will gain entry to *all regular season home sporting events, both high school and middle school, throughout the year*. **The passes offer convenience and significant savings.** They are not accepted at IHSAA state events or City tournament events. Please contact Hillary Reeves in the athletic office if you are interested in purchasing an Athletic Booster Club pass.

High School ticket prices:

- \$5 per adult; \$3 for visiting students, senior citizens (55+), Heritage Christian Alumni
- Football (Varsity) and Basketball (Varsity & JV) Games: \$6 per adult; \$4 for visiting students, senior citizens (55+), Heritage Christian Alumni
- 5 and under are free
- IHSAA and City event tickets prices vary.
 - Students, faculty/staff, booster club members, and others that receive a discounted admission will be required to pay full ticket prices at IHSAA and City tournament events.

Middle School ticket prices:

- \$5 per adult; \$3 for visiting students, senior citizens (55+), Heritage Christian Alumni
- 5 and under are free

***Prices are subject to change without notice.

TRANSFER INFORMATION (IHSAA RULES)

For IHSAA student transfer information, please contact the High School Athletic Director. There are no transfer rules that apply to middle school.

TRANSPORTATION

1. All *Varsity* teams will receive *two-way transportation* and team members are expected to ride with the team to and from contests unless you have prior approval from the Head Coach. Junior Varsity and/or Freshman will receive two-way if games are with the Varsity.

2. *Junior Varsity* and *Freshmen* teams will *receive one-way transportation* to contests, either by one of our school buses, a Heritage Christian School activity bus, or a chartered bus. It is the parent's responsibility to make sure their athlete has a ride home from away contests.
3. *Middle School* teams will *receive one-way transportation* to all contests. It is the parent's responsibility to make sure their athlete has a ride home from away contests.
4. Students may be released to their parents after an away contest with verbal or written consent by the coach. Students may be released to another adult only with verbal or written consent from their parent.
5. At no time should student athletes ride with a student driver without verbal or written consent by their parent communicated directly to the coach.
6. Coaches are responsible to stay with student athletes after away events until all students have been picked up. This is true whether the team returns to campus from the event, or if the students are released at the location of the event.

WEBSITE

The Heritage Christian School Athletics website is: www.hcsathletics.net. You will be able to find all the information you want about Heritage athletics on our website. You learn about the history and mission of HCS Athletics, find schedules and rosters for all of our teams from middle school through high school, find contact information for our coaching staff and athletic department staff, and information about the Circle City Conference. There are also links to our Twitter feed (@HCS_Athletics) and our athletic department blog to stay up-to-date on all things Heritage athletics.

HERITAGE CHRISTIAN ATHLETIC FACILITIES

Elementary Gymnasium:

The elementary gymnasium is a full-size gym with a bleacher seating capacity of 500 people. There is a boys' and a girls' locker room, a concession stand, and PE office. All elementary PE classes and middle school indoor sports are held in the elementary gym. The elementary gym is located in the Elementary building on the southwest corner of campus.

High School Gymnasium:

The high school gym has a seating capacity of 1,600 people, with spacious locker rooms for PE and high school sports. The gym contains 6 basketball goals and a state of the art electronic overhead volleyball net system. Connected to the lobby is a large concession stand and athletic administration suite housing 4 offices. Upstairs, there is a 1,100 square-foot weight room, theater style classroom, teacher/staff workout room and 5,400 square-foot multi-purpose practice gym with an indoor batting cage. The building also houses a spacious training room, 3 PE offices and 2 coach's offices.

Cafetorium:

The Cafetorium is located just inside the entrance to the high school/middle school building. It is used as an additional practice facility for basketball, volleyball and training. It is also used for indoor practices for spring sports in inclement weather. A true multi-purpose facility, it is used for lunch, meetings, chapels, fine arts programs and any other large event gathering on campus.

Main Stadium, Track and Practice Fields:

The stadium field is located directly behind the high school gymnasium. The synthetic turf field with stadium lighting is home to soccer, football, and lacrosse. The turf field was replaced in the summer of 2018. A large press box overlooks the field and can be accessed by the stairs at the back of the high school gym building. The concession stand and grill deck are next to the stadium field. The 6 lane newly resurfaced track circles the stadium field along with all-weather areas for high jump, long jump, pole vault, shot put, and discus. The north field, located in the northeast corner of campus, along with the middle school practice field, located in the southeast corner of campus, serve as 2 additional practice fields for our football, soccer, baseball and lacrosse teams.

Baseball Field:

The baseball field is located in the southeast corner of campus. The field is a beautiful full-size field complete with lights, a press box, scoreboard, two outdoor batting cages, an irrigation system, concession stand, and baseball locker room.

Softball Field:

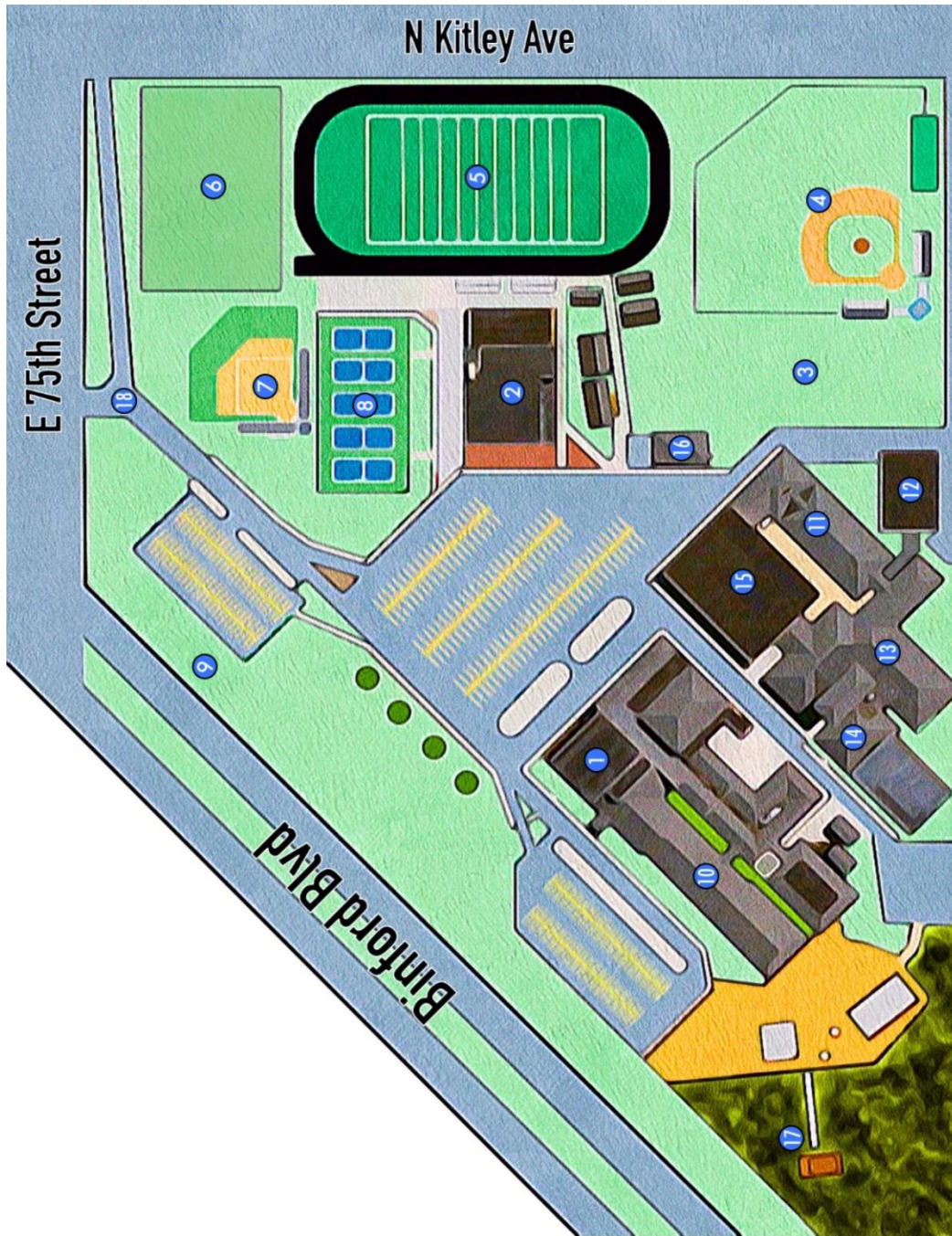
The softball field is located at the entrance of the Heritage campus. The field is a beautiful full-size field complete with lights, scoreboard, press box, batting cage, and concession stand.

Tennis Complex:

The tennis complex includes 5 hard courts that were resurfaced in 2017. Bleachers are located behind each court for spectators.

*A facilities map is included to give you a visual layout of campus.

CAMPUS MAP



- 1 Elementary Gym
- 2 High School Gym
- 3 Practice Field
- 4 Baseball Field
- 5 Stadium
- 6 North Field
- 7 Softball Field
- 8 Tennis Complex
- 9 Cross Country Start/Finish
- 10 Elementary School
- 11 Middle School
- 12 Intermediate School
- 13 High School
- 14 Library
- 15 Fine Arts Building
- 16 Admin Building
- 17 Ark
- 18 Eagle Pointe